

You are invited to a free Caregiver Educational Session being presented by the Alzheimer's Association. Hosted by Western Community Health Resources.

Topics include:

The Basics: Memory Loss, Dementia, and Alzheimers
Effective Communication Strategies
Understandind and Responding to Dementia-Related Behavior,

Session will be:

August 2nd 8:30 a.m. – 12:30 p.m. – WNCC in Sidney

August 3rd 8:30 a.m. – 12:30 p.m. – Prairie Pines Lodge in Chadron

August 4th 8:30 a.m. – 12:30 p.m. – Regional West Medical Center in Scottsbluff

For more information or to RSVP call 800-272-3900 or 432-8190. When you call please let the person know if you need respite; go to <https://nrrs.ne.gov/respite> when looking for respite providers; or check out Nebraska Lifespan Respite on Facebook.

