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(Neb.)-Eagle volleyball practice starts Wednesday



By: Andrew Lacy Posted at: 08/13/2013 10:09 AM

CHADRON – Sixteen Chadron State College volleyball players officially begin practice Wednesday in Chadron.

Second-year head coach Janel Baily is eager to build on the encouraging practices the team had in the spring.

"I'm excited because there's a competitive spirit in the gym," she said. "A lot of the girls have been back now for a week and they've been running practices themselves. All of the newcomers are hungry to see playing time and they're really self-motivated."

The Eagles will have three practices Wednesday. The first two will focus on volleyball technique, while the final practice is competition-based.

Baily said the Eagles will practice twice a day until school begins Monday.

Although the Eagles, who went 5-24 in 2012, lost several seniors who were key contributors, Baily believes CSC could turn some heads this season.

"We haven't established our tradition yet and so our work is cut out for us in every match," Baily said. "However, I think the goals we have are reasonable ones. I'm confident we will compete with everyone in the conference and I can't wait to get the season started."

The Eagles will play their first eight matches on the road at two tournaments hosted by the University of Nebraska-Kearney and Colorado State University-Pueblo. The season opens Friday, Sept. 6 against Newman University and UNK.

Chadron State's home opener is Friday, Sept. 20 in a conference clash with Metro State.